

UNIVERSAL LIST OF DENTAL SUPPLIES TO TAKE ON LMV TRIPS

The following is a list one dentist uses to pack for a typical LMV trip to Mexico doing dentistry for about 2 days. He multiplies the supplies by 2.5 when he is going on a week-long trip to Central America. The list is not necessarily perfect for each dentist, but certainly serves as a good template to put together one's own list. For questions about the list please call or email Adrian Fenderson, DDS, at 707.258.8700 or info@napadentist.com.

Please also note that LMV has certain supplies on hand in our donated stores that can be used to fill a similar list; funds to purchase supplies; suggestions for obtaining donated supplies yourself if you prefer; and/or a full dental kit you can borrow for your trip. Ask your trip coordinator or Dr. Fenderson for more details.

Surgery

Forceps
Upper universal
Maxillary molar r & l
Mandib. molar
Maxillary bi's
Mandib. bi's
Deciduous mand and max
Anteriors x 2
Cowhorns all 3
Rongeurs
Elevators 4
Kryers
Root picks
Suture Set Up
5 gut 3 silk
Hemostats and scissors
Bard Parker Handle
15 and 12 blades
Flap Set Up
Chisel and retractors
Gel foam *
Surgical burs *
Large currette
Large & small suction tips

Denture Repair

Jet acrylic and teeth
Denture burs

Anesthetic

150 carpules (20 carbocaine)
Needles 50 lng 50 short
Cotton swabs
Smelling salt *
Topical *
Syringes x 4

Sterilization & Asepsys

Alcohol 1 pint
Cold ster. concentrate
Rubber gloves 100
Masks
Biocide 1 pint
4x4 & 2x2 wipes
Towels cloth x 3

Paper products

Box kleenex
Roll paper towels x 2
Cups
Bibs x 50
Record forms
2x2 gauze x 2 pkgs
Cotton rolls x 2 pkgs
Floss
Coin envelopes
Patient towels
Scrub brushes for suction tips,
etc.

Large Equipment & Lighting

Adec unit w/connections
Pedestal & suction bottle
Line and connections
On off foot control
Compressor
Light curing unit
Apex locator
Electrical adapters + cord
3 handpieces with chuck
Endo hand piece
Straight adapter (slow spd)
Handpeices slow fast b/u
Camera
Hand mirror
Bur changer

Restorative Materials

Endodontic Set Up
Files, thermafill, cement
Chlorox, lighter, rubber dam
Paper points, syringe
RC prep, dowell system

Basic Needs

6 mirrors & explorers
Mixing pads & spatula
Spoons sml & lrg
Bite block * dappen dish *
Hemodent * IRM
Cotton pliers
Irrgting syringes

Prophy set up
Cotton balls*
Formo creosole*
Tms pins
Durelon
Miscel burs
Hi spd, slo spd, lab
Polishing, mandrels
Scalers
Air /H2O syringe tips
Hand piece oil

Amalgum Restorations
Matrix toffelmyer + bands
Carriers and condensers
Carvers
Amalgum capsules
Wedges

Resin Restorations
Matrix:mylar and GDS
Spreaders with clamps
Etch, sealants, brushes
Star flow, Venus
Cold cure
Mandrel and discs *
Articul paper *
Placers & brsh handles
Polishing strips
SE bond, photo bond

Miscellaneous & personal items

Passport & DDS license
2 small flashlights
Batteries
Book to read
Spanish terms
Small gifts for town helpers
Toys for kids
Headlamp with bulbs *
Close up loops
H2O to drink
Pocket knife
Flight maps
Sun block & hat