



Los Médicos Voladores  
Gold Country Chapter  
October 2007  
Newsletter



**Gold Country Chapter Meeting**

**Date: October 4**

**Board Meeting: 6:00 p.m.**

**General Meeting  
and Potluck: 6:30 p.m.**

**Sutter Auburn Faith Hospital  
11815 Education Street  
Auburn, CA  
Conference Room A**

**Potluck**

**Please bring your favorite dish  
(enough for 6 to 8 people) to share**

**Welcome**

A warm welcome to new members Alicia Melendez, a bilingual LVN from Folsom, and Nam Hoang, DDS, from Lincoln. We hope to see Alicia and Nam on some of our trips, and at our meetings.

**POTLUCK**

**6:30 p.m. – Time change from our regular meeting time**

**Come to the October meeting and enjoy the potluck. We always have great food, wonderful camaraderie and fun, plus we will be discussing the upcoming annual seminar in Guaymas. Please bring a dish to share with 6 to 8 people – plates and utensils will be provided.**

**LMV Annual Seminar Guaymas, Sonora**

Our annual seminar will take place on October 13 in Guaymas, Sonora. The event will begin with a buffet luncheon at 1 p.m. in the hotel meeting room. We will meet our Mexican counterparts there and go right into our seminar after lunch. They will tell us their needs, and we will present our capabilities. We will try to work out any confusion so that we can continue our activities in harmony. You will have the evening free to see a little of Guaymas.

We have reservations at the Hotel Armida, and to confirm you can call direct and make your own reservations. The telephone number there is 011-52-622- 2252 803, and our contact there, Dina Romero Lara, speaks English. The cost of the rooms varies from \$50 to \$73. These prices are approximate and are in US dollars.

There is a \$45 per person seminar registration fee and a regular trip fee of \$350, with the \$150 reimbursement. I will need your trip registration form, a trip waiver form, and a per diem reimbursement form. I hope you can make it.

*Lee Johnson, trip coordinator*

## LMV Gold Country Family Picnic Potluck

- Date:** Saturday, October 20, 2007  
**Time:** 1:00 p.m. until 5:00 p.m.  
**Place:** Auburn Regional Park, 3770 Richardson Drive (off Dry Creek Road, near Chana High School)  
**Music:** Todd Hanaway and his group will provide entertainment  
**FOOD:** Hamburgers, Garden Burgers, and hot dogs will be supplied by the chapter – we're looking for an old-fashioned picnic theme, so if you can supply the ice cream, corn on the cob, potato salad, baked beans, please feel free to do so. Otherwise, bring anything you'd enjoy sharing. RSVP using the enclosed form.

### Oasis

The next trip to Oasis will be November 2-4, 2007. So far there are 6 Gold Country planes going. Talk to Dave Morgan for more details.

*Note: There is a change in the price of the flight to Oasis. The trip price has been raised from \$100 to \$125.*

*Dave Morgan, Oasis trip contact*

### Corporate Update

The annual seminar and the next corporate board meeting will be held in Guaymas from October 11 to the 14<sup>th</sup>. Mark your calendars now! There will also be a Corporate Board Meeting January 5, 2008, hosted by the Central America Chapter.

*Tom Palmer*

*Chairman of the Corporate Board*

### Trip Report – Huasabas by Sheri Sims

The LMV South Bay Huasabas Trip September 13-16, 2007, began in Tom Palmer's V-tail four seater Bonanza. The team consisted of our pilot, Tom Palmer; dental assistant, Sheri Sims; dentist, Dr. James Watson; and his daughter and translator, Kim Watson. We arrived in Huasabas on Thursday, the 13<sup>th</sup> with just enough time to meet a few of the locals who immediately took us to the clinic for the initial set-up. We were impressed with what they had to offer, as one ever knows how much or how little equipment will be made available to us.

After readying the clinic for the next morning, we headed over to the Hotel Rios, a clean and modest accommodation where the owner prepared dishes typical of the region such as carne con chile and pescado frito. They were quite delicious and satisfying after a long day of travel. The

charming town of Huasabas itself is set in the mountains of Sonora where a river runs at the base of the hills. It is very green and picturesque, and the people have formed a tight-knit community where everyone seems to know one another.

We ran the clinic on Friday from 8 a.m.-7 p.m. with just a few minutes of break time for lunch. Dr. Watson saw approximately 25 patients, including adults, the elderly, and children. The townspeople were very kind and grateful, and after the day was done, our guide, Joaquin, who is also a member of the law enforcement, took us on a short tour of the town. When we arrived back at the hotel, we enjoyed more home cooking and a well-deserved night of rest.

The next morning we packed up the clinic and headed to Puerto Peñasco, aka Rocky Point, for some R&R. We stayed in beachfront condos with Charlotte, Dr. Watson's girlfriend, and celebrated Mexican Independence Day that evening in town. We decided to stay one extra day to enjoy the beach and company and then returned to the States on Monday, the 17<sup>th</sup>.

### **Retail Sales Just in time for the seminar**

Beth Leydon will have scrubs, T-shirts, hoodies, jackets, and more available for sale at the October meeting. See Beth for the best deals in town!

### **The Ninety-Nines**

At the September meeting, Bettie Hargan and Betty Walsh spoke to us about the Ninety-Nines, an international organization of women pilots. The group was formed in 1929 by 99 (thus the name) licensed women pilots to help further the advancement of aviation. The speakers informed us that they are NOT the 99'ers, which refers to the gold rush era, but the Ninety-Nines. Apparently this mistake is made often.

Bettie said that their group helps educate people about aviation. They give seminars for the wives who fly with their husbands, and talk about what is expected of the pilot, what the plane does, how it operates, and how to assist in case of an emergency. She said that this does not mean they teach anyone how to fly, only how to assist in an emergency.

Additionally, Betty pointed out that they also provide air marking of airports by painting the runways and tops of buildings to identify the airports, and they provide educational programs for children who are interested in flying.

One of the issues both Bettie and Betty stressed is being prepared during an emergency. They both take day-packs with them when they fly. Inside their packs are items to assist: a compass, a Leatherman and/or a Swiss army knife, a space blanket, socks, gloves, a drinking cup, candy, power bars, water, matches, string, garbage bags, scissors, bandages, vitamins, and an interesting kind of cupcake that you would never eat – it's made out of sawdust and wax and used for starting fires.

The packs weigh about 10 pounds, and not every pilot would be able to accommodate each of his or her passengers carrying one of these on board simply because of the added weight. So, if you

are planning on taking an emergency pack with you, you will have to check with your pilot before doing so. Remember, LMV pilots limit a passenger's total luggage to 15 pounds per person, and if you're taking a 10-pound pack with emergency supplies, you will limit the rest of your allotment to the remaining 5 pounds.

Other tips they provided are: wear cotton, and never wear nylon, even on commercial flights, as it catches fire quickly and melts into the skin during a fire; always wear comfortable walking shoes, not sandals; wear something that has pockets. They also suggested that you ask your pilot about how to operate the radio – what turns it on, how to change channels, what channels are used, how to key the mike, and how to send an SOS/Mayday. If you are in an emergency situation and need to use the radio, it is helpful to be able to say how many passengers are on board, what type of aircraft you are on, and the N number of the aircraft.

Both Bettie and Betty were pilots who thoroughly enjoyed their time in the air. They encouraged everyone, particularly the women in the group, to take flying lessons. They also enjoyed being a part of the Ninety-Nines. Thanks to both of them for providing our chapter with a lot of interesting information and useful handouts and tips that we can use on both our LMV and commercial flights.

**Newsletter printing donated by Faith Lutheran Church, Meadow Vista**

**LMV Gold Country Family Picnic Potluck**

## RSVP Form

Date: Saturday, October 20, 2007  
Time: 1:00 p.m. until 5:00 p.m.  
Place: Auburn Regional Park, 3770 Richardson Drive (off Dry Creek Road,  
near Chana High School)

Entertainment supplied by local musician Todd Hanaway and group.

Hot dogs, hamburger and veggie burgers will be supplied. Please bring a dish to share and your own beverages.

**Name:**

**I will attend the picnic \_\_\_\_\_.**

**There are \_\_\_\_\_ people in my party.**

**Please RSVP no later than October 4  
3 ways to RSVP:**

- 1. By mail: LMV, P.O. Box 6467, Auburn, CA 95604**  
**or**
- 2. By Phone: Tom or Louise Palmer (530) 885-6635**  
**or Dave Albright (530) 308-2499**  
**or**
- 3. In person: Bring this form to the October 4 meeting**

**LMV Gold Country Board**

**Other Gold Country Positions**

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FIRST CLASS

